# Early Childhood Toolbox



## **BUILDING RELATIONSHIPS**

Welcome to the Early Childhood Pyramid Toolbox, a monthly enewsletter for early childhood professionals focusing on young children's social and emotional development. Each issue is filled with descriptions of and handy hyperlinks to a teacher-friendly collection of resources including articles, lesson-plan ideas, videos, classroom activities, parent materials, children's book recommendations, and more.



## **How to Build Positive Relationships**

"Building positive relationships with young children is an essential task and a foundational component of good teaching. Children grow and thrive in the context of close and dependable relationships that provide love and nurturance, security, and responsive interactions" (Joseph & Strain, 2004). "A positive adult-child relationship built on trust, understanding, and caring will foster children's cooperation and motivation and increase their positive outcomes at school "(Webster-Stratton, 1999).

The relationships we build with children, families, and colleagues are at the foundation of everything we do with children. We know about the importance of relationships in terms of children's

development and success in school. It is important to build these relationships with all children as a context for supporting their social emotional development and preventing challenging behavior. It is easier to address challenging behavior if we already have a strong relationship with the child and their family.

#### FEATURED ARTICLES

**Self-Care for Teachers** 

**Building Positive Teacher-Child Relationships** 

Re-Connecting and Building Relationships with Infants

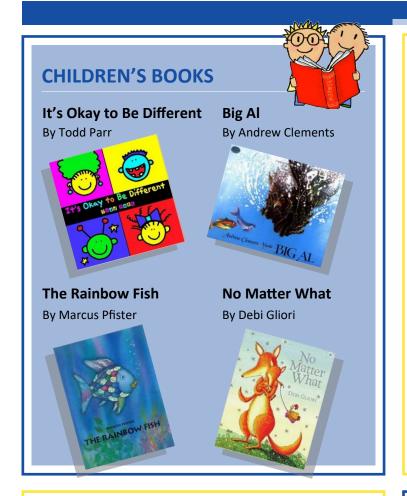
Starters for Giving Positive Feedback and Encouragement

**Family Routine Based Support Guide** 

## **Effective EC Workforce**

The early childhood workforce includes personnel who have a variety of backgrounds, education levels, experience, and roles. The one thing everyone in the workforce has in common is an interest in and passion to help young children learn. Learning in the early years depends upon the responsiveness of the environment and of those within the environment.

No matter who the early childhood practitioner is— or whether they work in classrooms or children's homes— their primary focus should be on building a healthy relationship with every young child in their program. This core competency precedes all others in the Pyramid Model as the foundation of all early learning.



## **EFFECTIVE TEACHING**



You can promote relationship building in your classroom simply through everyday routines and activities such as engaging with children through conversations throughout the day, it can be at snack time, free play or even during a transition.

- Always get on the child's level for faceto face interactions
- Acknowledge a child's effort, give them high fives and hugs for accomplishing a goal
- Follow the child's lead and interest during play
- Listen to children and encourage them to listen to others

#### TRICKS OF IMPLEMENTATION

- Engaging Families: A Teacher's Perspective <a href="https://www.youtube.com/watch?v=uSQtwC3Agsc">https://www.youtube.com/watch?v=uSQtwC3Agsc</a>
- Responsive Relationships with Children https://www.youtube.com/watch?v=utBT1z0SJIE



### **PARENT RESOURCES**

- <u>Teaching Your Child to Become</u> Independent with Daily Routines
- How to Help Your Child Transition between Places and Activities
- Help us have a good day
- <u>COVID Welcome back to school—Social</u> <u>Story</u>





University of Connecticut Center for Excellence in Developmental Disabilities Education, Research and Service

263 Farmington Avenue, Farmington, CT 06030-6222
Telephone: 860-679-1500 / Toll-Free: 866-623-1315
TTY: 860-679-1502 / Fax: 860-679-1571
www.uconnucedd.org

