

What every adolescent young adult should know about living the inclusive life you want in the community

A **free** interactive virtual learning opportunity just for adolescents and young adults with disabilities!



Why This Series?

The purpose of the Adulthood Series is so adolescents and young adults with disabilities can discover more about adult life. They will learn more about their own strengths, relationships, assistive technology, community resources, and eligibility-based services for each of the eight topics that are most likely to help them succeed. Those who complete the training will have a Transition Portfolio they can use to self-advocate for what they want to learn and what they need to have to make a great life for themselves.

Who Should Apply?

- High school students from grades 9-12 who have not completed their senior year of academics
- Students who have a transition program in their IEP
- Students who are currently in a transition program but have not yet had their 22nd birthday
- Young adults age 18 and over who have not yet had their 25th birthday and no longer receive school-funded services

How Will Participants be Selected?

- Priority will be given to individuals who had applied for the August 2021 Adulthood Series but were not able to participate
- Priority will be given to pairs of applicants who will support each other – one with and the other without a disability
- No one under the age of 14 or over the age of 24 years will be accepted
- Completing the application and registration information on time
- On a first-come, first enrolled basis after the other selection criteria are met

Training Requirements of Participants

- Complete additional registration materials before the first session
- Set up and be able to navigate your Padlet portfolio to access all resources and assignments for the course
- Type your first and last name in the chat before the session starts
- Stay on the Zoom call until the session evaluation for each session is completed
- Use good e-etiquette and follow other rules during sessions
- Attend all sessions
- Complete assignments between sessions on time
- Participate in all learning activities
- Set up and be able to navigate Padlet to access all resources and assignments for the course
- Have an electronic or hard-copy way to collect materials in one place

Participants may have support if needed during sessions as well as for completing assignments between sessions.

Supporters may be siblings, same-aged peers without disabilities, a family friend, or as a last resort, a parent.

Supporters will be required to sign (and adhere to) the Supporter's Promise if applicants are enrolled.

Topics

- Self-advocacy and self-determination
- How to get to know more people
- Community living
- Adult use of money
- Employment
- Postsecondary education
- Health
- Being a good citizen

Dates and Times of Sessions

Session	Date	Time
1	Wednesday, January 26	6 pm – 7:30 pm
2	Saturday, January 29	10 am – 11:30 am
3	Wednesday, February 2	6 pm – 7:30 pm
4	Saturday, February 5	10 am – 11:30 am
5	Wednesday, February 9	6 pm – 7:30 pm
6	Saturday, February 12	10 am – 11:30 am
7	Wednesday, February 16	6 pm – 7:30 pm
No Session	Saturday, February 19	MID-WINTER BREAK
8	Wednesday, February 23	6 pm – 7:30 pm
9	Saturday, February 26	10 am – 11:30 am
Make-up session	Wednesday, March 2	6 pm – 7:30 pm

For Questions

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